

Welcome to the Derbyshire Dales Community Champion Update

The COVID-19 vaccination programme continues to reach more and more people, with teams across the county beginning to vaccinate people aged 60 and over.

We will be holding our next forum on Friday 5th March @ 10.00am. It would be great if you could join us. We would like to know what information and stories you are hearing in your community – would you like us to check anything out which you are not sure about? Are people worried about having a Covid-19 vaccine? We would also like to know your thoughts on the ‘Roadmap’ and any ideas you might have about how our communities can recover.

If you have not already requested a meeting link please send an email to Rachel@ddcvs.org.uk

Latest News:

Vaccine Update: The most recent statistics showed that, as of February 21, vaccination teams across Joined Up Care Derbyshire had administered more than 300,000 first doses, which is the third highest in the Midlands. The same statistics show more than a third of people in Derbyshire aged 16 or over have now been vaccinated, including 97% of people aged over 70. Anyone who is over 70 years old and not yet had their vaccination should contact their GP practice.

The focus has moved to younger patients, aged 65-69, as well as those people in the official “at risk” groups.

How do I book my second dose?

- You may have an appointment card which already lists your next appointment. If so, you do not need to book; just attend the same site at the time and date on the card
- You may have a second booking made for you if you book online, either through the National Booking System or with your GP practice. You can log in to check this.
- If you do not have an appointment card, please wait to be contacted by your GP practice or by the National Booking System, and follow their directions.

Next Steps: Patients as young as 60 are already receiving letters inviting them to book appointments over the next few days; a sign of how rapidly the vaccination programme is moving through the age cohorts.

Vaccination teams will also begin administering second doses to patients who were among the first to be vaccinated in December. Patients should return to the same site where they received their first dose. Anyone who has an appointment already booked should attend it, but please be patient if you do not yet have a booking for your second dose.

Are there side effects after the vaccination? All vaccines can cause minor side effects including arm pain, tiredness and general aches. Most of these are mild and short term and not everyone gets them.

To get the facts, not fiction, about Covid-19 visit www.derbyshire.gov.uk/covidfacts

Community Testing in the Derbyshire Dales:

From Friday 26th February Derbyshire Dales residents are being asked to come for a coronavirus test as part of the county council's targeted community testing programme. The testing centre is in the Members' Room at County Hall, Smedley Street, Matlock, DE4 3AG. The opening times are 9am to 7pm every day. **Alternatively**, if Buxton is more convenient for Derbyshire Dales residents you can visit the centre located at the Pavilion Gardens - open 9am to 7pm daily.

Let's do it for
Derbyshire.

Let's get tested.



The testing is **NOT** for people with actual coronavirus symptoms - they should book a test – see here: [Get a free NHS test to check if you have coronavirus - GOV.UK \(www.gov.uk\)](#)

You can find out more about the testing by visiting www.derbyshire.gov.uk/communitytesting

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DERBYSHIRE**

Your Health & Wellbeing - Find out more about the free health and wellbeing support available to Derbyshire residents.

Get free stop smoking, weight management and physical activity support from Live Life Better Derbyshire.

Visit the website at www.livelifebetterderbyshire.org.uk or call 0800 085 2299.

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk