

## Welcome to the Derbyshire Dales Community Champion Update

Our Community Voice newsletter is reaching over 400 people and you are helping us to share key messages about Covid-19 with your families, friends and communities – thank you!

April 12<sup>th</sup> saw further easing of restrictions as step 2 of the Governments Roadmap continues to be implemented. Follow the link for the latest Government update [Covid-19 Restrictions in England - From 12 April](#)

As 'normal' life continues to resume you may be worried about the future. Have you been shielding and not sure about going out and about? What are you looking forward to doing? Are you still unsure about what you can and can't do now you've been vaccinated? Our next forum, which will be held on Friday 16<sup>th</sup> April at 10.00am is an opportunity for you to share your thoughts, concerns and experiences. Email [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk) for the meeting link.

### Latest News:

**Vaccine Update:** Public Health England (PHE) analysis indicates that [the COVID-19 vaccination programme prevented 10,400 deaths](#) in those aged 60 and older in England up to the end of March, an additional 4,300 since the previous update.

From 8 December 2020 to the end of March 2021, over 15 million vaccine doses were given to adults aged 60 and over. The analysis compared the observed number of deaths with the number of deaths that would have been expected if the vaccine hadn't been given during this time period. To allow for the time taken to develop an immune response to vaccination, the analysis assumed it would take 31 days before the effect of vaccination on deaths is observed.

### Community Testing: New campaign urges public to get tested twice a week

The Government have launched a new campaign urging the public to get tested twice a week. Everyone in England is now eligible for free rapid Covid-19 tests.

### Coronavirus testing kits to use at home -

You can get the kits in three ways:

- From our community testing centres [www.derbyshire.gov.uk/communitytesting](http://www.derbyshire.gov.uk/communitytesting)
- From the government website [Order coronavirus \(COVID-19\) rapid lateral flow tests - GOV.UK \(www.gov.uk\)](https://www.gov.uk/order-coronavirus-covid-19-rapid-lateral-flow-tests)
- From one of our mobile centres between 9am and 3pm. Derbyshire Dales: Every Thursday from 15 April: The Agricultural Business Centre (far end of car park), Agricultural Way, Bakewell. DE45 1AH



**COVID-19 home test kits - Derbyshire County Council:** One in three people who have the virus don't have any symptoms, so everyone is invited to come along and get a test to protect their family – either at the centre or a home test kit. The testing is **NOT** for people with actual coronavirus symptoms - they should book a test – see here: [Get a free NHS test to check if you have coronavirus - GOV.UK \(www.gov.uk\)](https://www.gov.uk/get-a-free-nhs-test-to-check-if-you-have-coronavirus)

**Change of community testing centre location in Matlock:** From Tuesday 13 April our community testing centre in Matlock is moving from County Hall to the Imperial Rooms, Imperial Road, Matlock DE4 3NL. The opening hours are 7 days a week from 7.45am to 7pm. The car park next to the Imperial Rooms will be free for those going to get tested.

Alternatively, if Buxton is more convenient for Derbyshire Dales residents, they can use our centre there. It is in the arts centre/cinema within the Pavilion Gardens (access from the promenade), St John's Road, Buxton, SK17 6BE. The opening hours are the same - open 7 days per week from 7.45am to 7pm.

## Your Health & Wellbeing

Find out more about the free health and wellbeing support available to Derbyshire residents.

Get free stop smoking, weight management and physical activity support from Live Life Better Derbyshire. Visit the website at [www.livelifebetterderbyshire.org.uk](http://www.livelifebetterderbyshire.org.uk) or call 0800 085 2299.



If you live in the Southern Dales, find out what's happening at your GP surgery. Visit the website or follow them on Facebook for all their latest updates.

Southern Dales	Website	Facebook
Ashbourne Medical Practice	<a href="https://www.ashbournemedicalpractice.co.uk">https://www.ashbournemedicalpractice.co.uk</a>	<a href="#">Ashbourne Medical Practice   Facebook</a>
Brailsford & Hulland Surgery	<a href="#">Brailsford and Hulland Medical Centre</a>	<a href="#">Brailsford Medical Practice   Facebook</a>
Hannage Brook Surgery	<a href="#">Hannage Brook Medical Centre</a>	<a href="#">Hannage Brook Medical Centre   Facebook</a>
Henmore Health – The Surgery	<a href="#">Private GP &amp; Mental Health Clinics Derbyshire   Henmore Health</a>	<a href="#">(1) Henmore Health - The Surgery   Facebook</a>

**Keeping in touch:** If you have any questions, ideas or concerns please email: [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk)

