

Welcome to the Derbyshire Dales Community Champion Update

Our next forum is on Friday 28th May at 10.00am and is an opportunity for you to share your thoughts, concerns and experiences. Email Rachel@ddcvs.org.uk for the meeting link.

Latest News:



The further easing of restrictions will depend on the continued success of the vaccine rollout, decrease of hospitalisations and deaths, infection rates remaining low and new variants not overwhelming the country.



We should continue to raise awareness of the importance of the vaccination programme and persevering with the 'basics' of regular hand-washing, wearing face coverings (if possible) and keeping a safe social distance from others. We need to remember the virus hasn't gone away – we should continue to follow the guidance and exercise caution.

22 May 2021 — Press release from Public Health England. A new study shows for the first time that two doses of the COVID-19 vaccines are highly effective against the B.1.617.2 variant first identified in India. Follow the link to find out more: [Vaccines highly effective against B.1.617.2 variant after 2 doses](#)

Vaccine Update: The COVID-19 vaccination programme in Derby and Derbyshire continues to be the fourth highest performing system nationally. The latest statistics show that vaccination teams across Joined Up Care Derbyshire have now administered 899,396 doses, including 602,342 first doses and 204,833 second doses.



Vaccine Passport: England's NHS app is available to use as a vaccine passport - but only for those who have had both doses of the jab. A paper version will also be available - by calling 119 but not through a GP. Both will be available from Monday, 17 May, when the ban on foreign travel is eased. The NHS app is separate to the NHS Covid-19 app, which is used for contact tracing.

[Demonstrating your COVID-19 vaccination status when travelling abroad](#)

[Register with the NHS app: Quick guide - YouTube](#)

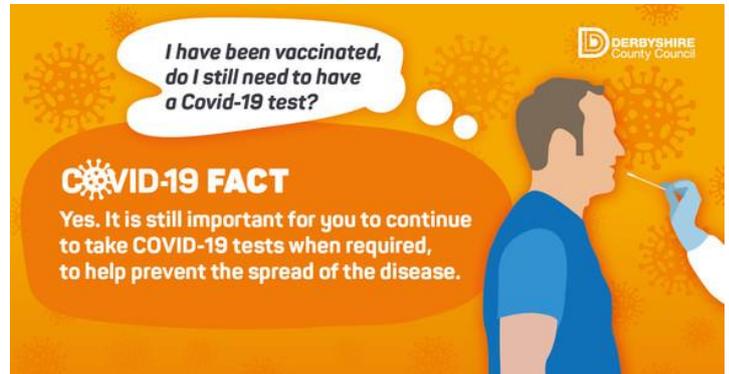
Keep on Testing: As the rules become more relaxed, it is still important to take a Covid test twice a week to protect your loved ones.

One in three people with coronavirus show no symptoms and could pass it onto others.

The easiest way to be tested is to use a testing kit at home. You can order free packs online to be sent to your home or pick up a kit from a local pharmacy. Find out which pharmacies are taking part in the scheme.

Find out where all of our Community Testing centres are and their opening hours on the county council's website.

If you are showing any Covid-19 symptoms then you need take a PCR test as soon as possible. These tests are by appointment only and can be booked online at or by calling NHS 119.



Your Health & Wellbeing:



Have you heard about **'The Connection Space Community Interest Company'** based in Matlock? Their aim is to provide therapeutic, active and creative projects to support mental health and wellbeing as well as valuable and meaningful volunteering roles and carer support.

Look at the projects that they are currently running: [Current Projects - The Connection Space](#) if there is something you or someone you know would like to be part of, they would love to hear from you...



Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk