

## Welcome to the Derbyshire Dales Community Champion Update

Our next forum is on Friday 25<sup>th</sup> June at 10.00am and is an opportunity for you to share your thoughts, concerns and experiences. Email [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk) for the meeting link.

### Latest News & Updates:

- In the last 14 days there have been 14 cases of COVID-19 identified by testing in Derbyshire Dales, at a rate of 19.4 per 100,000 population.
- This is an increase from the previous 14-day period that reported 10 cases.
- This is the fourth lowest number of cases, and the second highest 14-day rate amongst the districts and boroughs.
- In Derbyshire Dales all cases have been identified by community testing. The average age of all cases was 33.4

*(Weekly COVID-19 Surveillance Report in Derbyshire (Derbyshire Dales) 22/05/21- 04/06/21)*

### COVID-19 vaccination programme

The vaccination programme is central to preventing new infections and our best defence against a possible third wave of Covid-19. In the last fortnight, Government scientists [confirmed that both the Pfizer and AstraZeneca coronavirus vaccines are highly effective against the Delta variant](#) after two doses.

### Community Testing in the Derbyshire Dales:

One in 3 of those with COVID-19 do not have any symptoms, meaning that they could be passing on the virus to anyone they meet. Community testing is not for those who have coronavirus symptoms. They should [book a test](#) in the usual way.

#### Derbyshire Dales - Bakewell

The Agricultural Business Centre, Agricultural Way, Bakewell, DE45 1AH.

Open Monday and Friday from 9am to 5pm from 28 May to 25 June 2021.

#### Derbyshire Dales - Matlock

The Imperial Rooms, Imperial Road, Matlock, DE4 3NL.

Open 7 days per week, 9am to 5pm on weekdays and 10am to 2pm on weekends.

Free parking while you are having your test at the Imperial Rooms car park.

#### Derbyshire Dales - Youlgrave

Coldwell End Car Park, Coldwell End Youlgrave DE45 1UY.

Open weekends from 10am to 2pm (4<sup>th</sup> to 27<sup>th</sup> June 2021)

#### Derbyshire Dales - Baslow

Nether End Car Park, Church Lane, Baslow, DE45 1SR.

Open Friday 9am to 5pm, Saturday and Sunday 10am to 2pm (4<sup>th</sup> to 27<sup>th</sup> June 2021)

You can also [order the kits from the government website](#) or pick up test kits between 9am and 3pm from the Agricultural Business Centre every Thursday. Home test kits can also be collected from many pharmacies. Find out [which pharmacies are taking part in the scheme](#).

*DDCVS's bulletin is compiled by the staff of DDCVS from a wide range of information. While every effort is made to check the accuracy of the material, no liability can be accepted for any error or omission. Inclusion of an item in the bulletin does not mean approval or recommendation by DDCVS.*



**Your Health & Wellbeing:** As lockdown continues to ease, many people will still feel lonely and isolated. Therefore, it will be more important than ever to take action if you or someone you know is feeling lonely. Discover [tips](#) for what you can do and where you can go for support.



### Very Easy Dementia Friendly walks

These easy walks will enable those living with dementia and carers supporting loved ones to enjoy meeting up, being outdoors and sharing your experiences. If you need someone to support you please don't come on your own as unfortunately we can't offer any additional support.

**Walks are on Tuesdays at 2pm - No need to book, just turn up**

### Two Different Fully Accessible Locations

We have 2 locations both offering a wonderful café at the end :-

**1<sup>st</sup> Tuesday of month : Darley Dale**—Meet at the **Whitworth Centre** for a short walk around the beautiful park and linked trails. (Pay and Display)

**3<sup>rd</sup> Tuesday of month : Bakewell**—Meet at **Hassop Station** for a short walk along the Monsal Trail with Peak Park Rangers. (Pay and Display)

Summer	Darley Dale	Hassop Station
July	6 <sup>th</sup> at 2pm	20 <sup>th</sup> at 2pm
August	3 <sup>rd</sup> at 2pm	17 <sup>th</sup> at 2pm
September	7 <sup>th</sup> at 2pm	21 <sup>st</sup> at 2pm

[www.derbyshiredales.gov.uk/dementiafriendlywalks](http://www.derbyshiredales.gov.uk/dementiafriendlywalks)

For more information contact Derbyshire Dales Health Walks Coordinator *Helen Milton* 01629 761194  
Email: [helen.milton@derbyshiredales.gov.uk](mailto:helen.milton@derbyshiredales.gov.uk)



## Live Life Better Derbyshire want to hear from you

Derbyshire County Council are designing a campaign aimed at raising awareness of their Live Life Better Derbyshire healthy lifestyle services and they would like to hear your thoughts.

You can help them shape the style and messaging of the campaign.

They have put together a short survey to find out more about your attitudes to health and wellbeing, and what might motivate you to join their free healthy lifestyles service.

There is also a prize draw for five lucky winners to get a £10 shopping voucher – so you could be in with a chance of winning when you share your thoughts with them.

[You can take part in the survey online here.](#)



**We want to hear from you!**

**Keeping in touch:** If you have any questions, ideas or concerns please email: [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk)

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