

Welcome to the Derbyshire Dales Community Champion Update

Our next forum is on Friday 9th July at 10.00am and is an opportunity for you to share your thoughts, concerns and experiences. Email Rachel@ddcvs.org.uk for the meeting link.

Latest News & Updates:

Derbyshire County *(Covid-19 cases: Cumulative data from 25/02/2020 to 18/06/2021)*

To date there have been 50349 cases of COVID-19 identified by testing in the Derbyshire County administrative area - a rate of 6272.5 per 100,000 population.

- The majority of these (86.6%) have been found by mostly community testing, with the rest mostly hospital-based testing.
- The average age of cases was 43.9

Derbyshire Dales

- In the last 14 days there have been 46 cases of COVID-19 identified by testing in Derbyshire Dales, at a rate of 63.6 per 100,000 population.
- This is an increase from the previous 14-day period, which reported 21 cases.
- This is the second lowest number of cases, and the third highest 14-day rate amongst the districts and boroughs.
- In Derbyshire Dales most cases (91.3%) have been identified by Community testing.
- The average age of all cases was 34.0.
- In the last 14 days there have been equal male and female cases.

(Weekly COVID-19 Surveillance Report in Derbyshire (Derbyshire Dales) The report is based on daily data up to 18/06/2021)

COVID-19 vaccination programme: Younger people are being encouraged to get the vaccine to protect the ones they love from Covid-19, especially the Delta variant which spreads much more easily. Vaccines are safe and are the most effective way to protect yourself and others from becoming seriously ill. People aged 18 to 30 are being encouraged to continue to get tested regularly as one in three people can have the virus and could be passing it on. Find out more in this short video: [Fight the virus. Stop the spread. Get the vaccine](#) - and if you have younger people in your household or family please encourage them to watch it too! Book your vaccine now: [NHS book your coronavirus vaccination](#)



Extra help to support local residents when they self-isolate: if you're worried about the financial costs of self-isolation because you're unable to work then you might be eligible for extra funding. Almost a quarter of a million pounds is available to help local residents who have to self-isolate because of COVID-19. The funding will be given to Citizens Advice across Derbyshire to provide extra help, advice and information to those struggling financially during the pandemic, including helping people who have to self-isolate to claim the government's £500 COVID support fund if they are eligible. [Extra help to support local residents when they self-isolate - Derbyshire County Council](#)

[Demonstrating your COVID-19 vaccination status](#)

How to get the NHS COVID Pass and demonstrate your coronavirus (COVID-19) status when travelling abroad. Updated to reflect that from 21 June 2021, the NHS service to demonstrate your COVID-19 vaccination status is now called the NHS COVID Pass. Also added that people taking part in event trials as part of the Events Research Programme will also be requested to use the NHS COVID Pass.

Current Restrictions – a reminder of the current rules in place:

To help fight the virus, remember to stick to the following when gathering with friends and family:

- Up to 6 people indoors or a larger group of any size from up to 2 households
- Up to 30 people outdoors
- Open windows and doors to let in fresh air

We might not be completely out Covid-19 restrictions for a while, but there are still some relaxations on the rules around what you can and can't do.

From 21 June, there were some changes to the restrictions:

- Care home residents will no longer need to isolate for 14 days after visits outside, except after overnight hospital stays, and visits classed as high risk by the care home.
- Out-of-school groups, such as Brownies, Scouts and Duke of Edinburgh, will now be able to have overnight trips in groups of up to 30 children.
- Commemorative events can be attended by as many people as social distancing allows at the venue to minimise Covid risks.
- Weddings and civil partnership ceremonies events can be attended by as many people as social distancing allows at the venue, to minimise the risk of COVID-19. A risk assessment may need to be completed.

Your Health & Wellbeing:



2021 Writing Competition

Theme: 'Finding my calm during Covid'

Get your pen at the ready, share your experiences of how you coped during the COVID-19 pandemic and help challenge health stigmas.

The last year has been challenging for us all – we have been living with COVID-19 and have experienced three lockdowns. Many of us have put coping mechanisms in place to deal with these stressful times. We are keen to share your experiences of how you coped through the pandemic and celebrate your achievements. Prizes will be awarded to the winning writers.



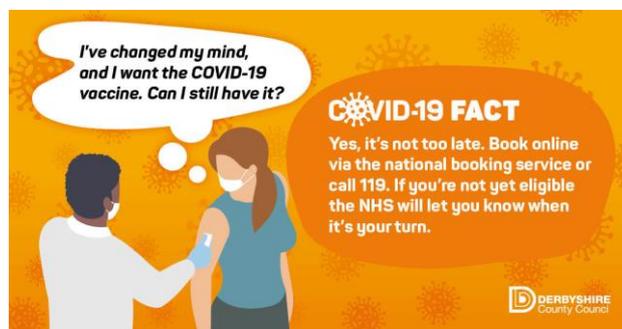
Send us a poem, short story, letter, diary entry or blog post (maximum 500 words).
Closing date: Friday 2 July 2021

The competition is open to service users, carers, Trust members, Trust staff, stakeholders, partner organisations and the voluntary sector. If you would like to find out more or request an entry form and guidance, please email dhcft.membership@nhs.net or telephone 01332 623723.

The Trust and its Council of Governors hope that this competition will challenge the stigma around mental ill health, substance misuse, learning disabilities and wider services provided by the Trust, and celebrate equality, diversity and inclusion by giving entrants the opportunity to explore these topics.

Winning entries will be announced at the Trust's Annual Members' Meeting on 9 September 2021 which is being held digitally. Prizes will be posted after the meeting.

 DHCFT  @derbyshcft
www.derbyshirehealthcareft.nhs.uk



ANY CHILD WHO:

- 1 Is breathing very fast
- 2 Has a 'fit' or convulsion
- 3 Looks mottled, bluish, or pale
- 4 Has a rash that does not fade when you press it
- 5 Is very lethargic or difficult to wake
- 6 Feels abnormally cold to touch

MIGHT HAVE SEPSIS
Call 999 and ask: could it be sepsis?

The UK Sepsis Trust registered charity number (England & Wales) 1158843

ANY CHILD UNDER 5 WHO:

- 1 Is not feeding
- 2 Is vomiting repeatedly
- 3 Hasn't had a wee or wet nappy for 12 hours

MIGHT HAVE SEPSIS
If you're worried they're deteriorating call 111 or see your GP

JUST ASK

"COULD IT BE SEPSIS?"
IT'S A SIMPLE QUESTION, BUT IT COULD SAVE A LIFE.

If your child is unwell with either a fever or very low temperature (or has had a fever in the last 24 hours), call 999 and just ask: could it be sepsis?

For more information

visit nhs.uk/sepsis or sepsistrust.org

This leaflet provides further advice on how to **spot sepsis in children.**

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

DDCVS's bulletin is compiled by the staff of DDCVS from a wide range of information. While every effort is made to check the accuracy of the material, no liability can be accepted for any error or omission. Inclusion of an item in the bulletin does not mean approval or recommendation by DDCVS.