

Welcome to the Derbyshire Dales Community Champion Update

Our next forum is on Friday 9th July at 10.00am and is an opportunity for you to share your thoughts, concerns and experiences. Email Rachel@ddcvs.org.uk for the meeting link. This week we will be discussing the final easing of restrictions - your thoughts and concerns as well as looking at data for the Derbyshire Dales.

Latest News & Updates:

Derbyshire is seeing a continued and increasingly sharp rise in the number of confirmed cases of Covid-19, and most of these cases are the Delta variant. This rise in cases is not yet correlating to a rise in hospital admissions or deaths locally; this is under constant review.

Derbyshire County *(Covid-19 cases: Cumulative data from 25/02/2020 to 25/06/2021)*

To date there have been 51164 cases of COVID-19 identified by testing in the Derbyshire. This constitutes a rate of 6374.0 per 100,000 population.

The majority of these (86.8%) have been found by Community testing, the rest mostly hospital-based testing.

The average age of cases was 43.6

Derbyshire Dales

- In the last 14 days there have been 62 cases of COVID-19 identified by testing in Derbyshire Dales, at a rate of 85.7 per 100,000 population.

- This is an increase from the previous 14-day period, which reported 39 cases.

- This is the lowest number of cases, and the lowest 14-day rate amongst the districts and boroughs.

- In Derbyshire Dales most cases (91.9%) have been identified by Community testing.

- The average age of all cases was 31.9.

- In the last 14 days 53.2% of all cases have been male.

(Weekly COVID-19 Surveillance Report in Derbyshire (Derbyshire Dales) The report is based on daily data up to 25/06/2021)

Vaccination Updates:



If you have a fear or phobia of needles, Derbyshire Community Health Services have a video that could help you deal with your needle phobia.

[Fear of needles \(needle phobia\) - and how to deal with it! - YouTube](#)

The Derbyshire vaccination programme is tracking towards the 19th of July, with the aim of vaccinating as many people as possible before then. Data shows us that we have around 100,000 vaccinations still to deliver to reach the 89% target for all adults aged 30 and above and 85% for those aged under 30. The five-week 'sprint' plan towards 19 July is now on week three, and Derbyshire is ahead of its planned targets.



During the 'Super Weekend' of vaccinations across Derbyshire, as part of a national drive towards 19 July, teams around Derbyshire vaccinated more than 15,000 people with first and second doses during the course of the weekend - a phenomenal achievement!

As of Tuesday (29th June) the total number of vaccinations given stood at 77, 303, 533, with 44, 581, 771 people having had at least one dose. +32, 721, 762 are now fully vaccinated with both doses. Vaccinations are now open to all adults 18 and above.

With the potential lifting of lockdowns now less than three weeks away, it's as important as ever that we continue to focus on the things that are in our control; getting our vaccinations if we are eligible and have not yet done so and following the national guidance on hands, face, space, fresh air.

If you have missed your vaccination appointment, then you can rebook it. Either call 119 or book an appointment online by clicking on the link: [Book or manage your coronavirus \(COVID-19\) vaccination - NHS \(www.nhs.uk\)](https://www.nhs.uk)

Financial Support:

Self-employment grant - A fifth grant covering May 2021 to September 2021 will be open to claims from late July 2021. The grant is taxable and will be paid out in a single instalment. Guidance about claiming the grant will be available from early July 2021. [Self-Employment Income Support Scheme fifth grant - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

[Extra help to support local residents when they self-isolate - Derbyshire County Council](#)

Impact of COVID 19 on adolescents – Do you know any teenagers who have been living through the pandemic? We want to find out about how they have been affected. What affects has the virus had on their education, their physical and mental wellbeing and their relationships with friends and family. Please get in touch if you have any information to share.

Your Health & Wellbeing: July is the Samaritan's annual **Talk To Us month**, reminding people that they are there to help. During this time, Samaritans branches across the UK and Ireland hold local events to talk about the services they offer in their communities.

It is also a good chance to encourage everyone to have a conversation about mental health and wellbeing.

Whether it is picking up the phone, dropping someone an email or having a chat over a cuppa, every conversation can make a difference.

Whatever you are going through, you can call the Samaritans free any time, from any phone, on 116 123.

Other help and advice is also available online at www.derbyshire.gov.uk/mentalhealth

July is also UV Safety Awareness month: The perfect time to learn the risks associated with too much sun exposure and find out how to protect you and your family from UV rays [Sunscreen and sun safety - NHS \(www.nhs.uk\)](#)



Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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