

Welcome to the Derbyshire Dales Community Champion Update

Our next forum is on Friday 20th August at 10.00am and is an opportunity for you to share your thoughts, concerns and experiences. Email Rachel@ddcvs.org.uk for the meeting link.

Latest News & Updates:

Cases in Derbyshire Dales

46 new people had a confirmed positive test result reported on 22 July 2021.

Between 16 July 2021 and 22 July 2021, **338** people had a confirmed positive test result. This shows an increase of **24.7%** compared to the previous 7 days.

Vaccinations in Derbyshire Dales

Vaccines are currently given in 2 doses, at least 21 days apart.

56,050 people had been given a first dose by the end of 21 July 2021.

47,272 people had been given a second dose by the end of 21 July 2021.

Healthcare in University Hospitals of Derby and Burton NHS Foundation Trust

4 people with coronavirus went into hospital on 18 July 2021.

Between 12 July 2021 and 18 July 2021, **38** went into hospital with coronavirus. This shows no change compared to the previous 7 days. There were **37** patients in hospital with coronavirus on 20 July 2021.

Some people in the hospital need to use a special device called a mechanical ventilator to help them breathe.

There were **5** coronavirus patients in hospital beds with a mechanical ventilator on 20 July 2021.

Deaths in Derbyshire Dales

There were **0** deaths within 28 days of a positive test for coronavirus reported on 22 July 2021.

Between 16 July 2021 and 22 July 2021, there have been **0** deaths within 28 days of a positive coronavirus test. This shows no change compared to the previous 7 days.

Government Updates:

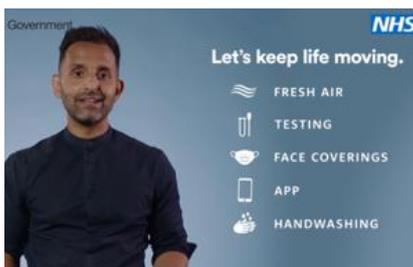
The R value and growth rate

The latest reproduction number (R) and growth rate of coronavirus (COVID-

19). The latest R range for England is 1.2 to 1.4 with a growth rate range for England at +4% to +6%. [The R value and growth rate - GOV.UK \(www.gov.uk\)](https://www.gov.uk)



Find out how to stay safe and help prevent the spread of coronavirus: [Coronavirus: how to stay safe and help prevent the spread - GOV.UK \(www.gov.uk\)](https://www.gov.uk)



- New research shows that nearly 9 in 10 (86%) hope that people will proceed with caution and common sense, three quarters (77%) will continue to wear face masks, 81% will practice social distancing where possible and 83% say they will continue to wash hands thoroughly and often.

Everyone across England is being urged to continue letting fresh air into enclosed spaces, take up the offer of twice-weekly free testing, wash their hands and book both doses of their vaccine, in a major new campaign which has just been launched.

Your Health & Wellbeing:

Have a look at this really informative website; The Derbyshire Family Health Service where you will find a team of healthcare professionals to support you and your family as part of the 0-19 year olds free public health and wellbeing services. This service is provided by Derbyshire Community Health Services NHS Foundation Trust and commissioned by the local authority (Derbyshire County Council). [Derbyshire Family Health Service](#)

The logo for Tough Enough to Care, featuring a stylized figure holding a scale and the text "Tough Enough to Care".

WEEKLY MEN'S SUPPORT GROUP
A PLACE TO BE UNDERSTOOD
#TOUGHTOGETHER
Hannage Brook Medical Centre
Wirksworth, Derbyshire
Tuesday's 19:30 hrs - 21:00hrs

The logo for The Whitworth Wellbeing, featuring the text "The Whitworth" and "WELLBEING" on a green background.

OUTDOOR ZUMBA
Wednesdays at 10:00am
FREE COFFEE OR TEA AFTER THE CLASS IN THE TERRACE

A photograph of a group of people participating in an outdoor Zumba class in a park setting. They are standing in a line, performing a Zumba move with their arms raised.

Join Anna in the Whitworth at 10:00am for a fun Zumba class suitable for all. Then enjoy the best coffee in the area for free, or a tea if you prefer! Make the most of the Whitworth, experience this great class, make friends and relax on the beautiful terrace afterwards! Contact Anna on 07891 899872. *Available immediately after the class in July 2021

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk