

## Welcome to the Derbyshire Dales Community Champion Update

Our next forum is on Friday 10<sup>th</sup> December at 10.00am and is an opportunity for you to share your thoughts, concerns and observations regarding your local community relating to Covid-19.

Email [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk) for the meeting link.

### ➤ Testing in the East Midlands

There were **239** tests reported on 1 December 2021. This shows an increase of **11.9%** compared to the previous 7 days. Between 25 November 2021 and 1 December 2021, there have been **6,750,389** tests.

### ➤ Cases in Derbyshire Dales

**44** new people had a confirmed positive test result reported on 6 December 2021. Between 30 November 2021 and 6 December 2021, **313** people had a confirmed positive test result. This shows an increase of **3.3%** compared to the previous 7 days.

### ➤ Vaccinations in Derbyshire Dales

**60,413** people had been given a first dose by the end of 5 December 2021.

**56,580** people had been given a second dose by the end of 5 December 2021.

### ➤ Healthcare in Derby & Burton NHS Foundation Trust

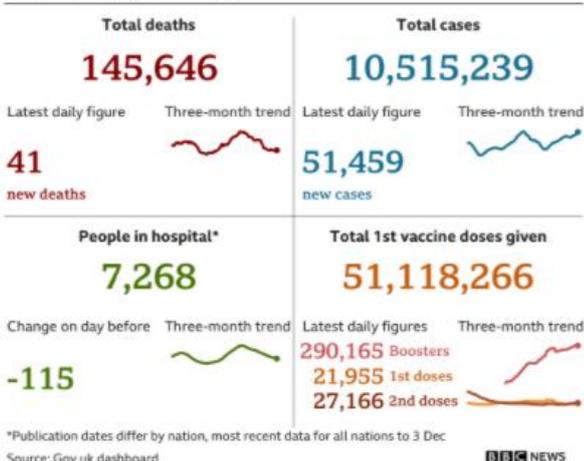
Between 22 November 2021 and 28 November 2021, **42** went into hospital with coronavirus. This shows a decrease of **-12.5%** compared to the previous 7 days. There were **46** patients in hospital with coronavirus on 30 November 2021.

### ➤ Deaths in Derbyshire Dales

Between 30 November 2021 and 6 December 2021, there have been **0** deaths within 28 days of a positive coronavirus test. This shows a decrease of **-100.0%** compared to the previous 7 days.

*Key statistics from the **UK Coronavirus (COVID-19) Dashboard** - last updated on Monday, 6 December 2021.*

#### Coronavirus in the UK



#### Case numbers rising

Daily confirmed coronavirus cases by date reported



Note: Testing not readily available in first months of the pandemic. Lateral flow tests became widely used in spring 2021

Source: Gov.uk dashboard, updated 6 Dec

**BBC**

Tests required for travel to England, this guidance applies to [ENGLAND](#)  
From 4am on Tuesday 7 December, anyone aged 12 and over must show a negative PCR or lateral flow test result before travelling to England from abroad. You must take the test in the 2 days before you travel to England.

You must also take a PCR test within 2 days of arriving and self-isolate until you get a negative test result, even if you are fully vaccinated. [Check what you need to do to travel to England from another country.](#)

### Vaccination updates

Total NHS COVID vaccines top 96 million, amid concern over new variant: [Total NHS COVID vaccines top 96 million, amid concern over new variant \(derbyandderbyshireccg.nhs.uk\)](#)

The NHS is currently working to offer:

- A booster dose to everyone aged 18 years old and over
- A booster dose to people aged 16 years old and over with a severely weakened immune system
- Booster doses from 3 months after the previous dose
- A 2nd dose to all children aged 12 to 15 years old who are not already eligible (Please note that this is not yet available) [Who is eligible for the vaccine? :: Joined Up Care Derbyshire](#)

### Your Health & Wellbeing:



Ossie's Kitchen: Ossie's Kitchen at St. Oswald's Church Centre provides a home cooked meal on the 2nd and 4th Tuesday of the month. Just drop in between 4pm and 6pm to share a table and have a home-cooked meal, 3 courses for a suggested donation of £3 an adult /£1 a child. Ossie's Kitchen will be open on Tuesday 7th and 21st December (Takeaway's can also be provided. [Ashbourne Group of Churches | Ossie's Kitchen \(ashbournechurch.org.uk\)](#)

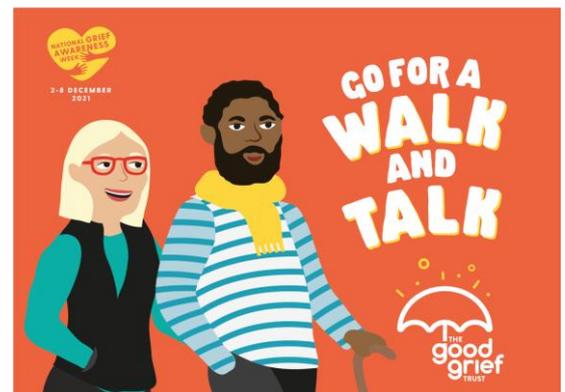


Keeping warm this winter, helping you stay safe and warm this winter. [Keep warm in winter - Derbyshire County Council](#)

**Winter Holiday Activity and Food Projects:** (Holiday activities and food programme) - Here you will find local providers who are offering free activities and food across Derbyshire It's about me ([itsaboutmederbyshire.co.uk](#)) is a website where you can access lots of fun activities. [It is about me \(itsaboutmederbyshire.co.uk\)](#)

### National Grief Awareness Week - (2nd-8th December 2021)

If you are a young person and feel you are affected by this campaign and you think you may need some extra support contact: [hopeagain@cruse.org.uk](mailto:hopeagain@cruse.org.uk) If you are an adult, you can make contact with your local Cruse office here: [Cruse Bereavement Support](#) You can also call the Freephone Cruse helpline on: **0808 808 1677**



### **A guide to help you take care of your eyes**

To help you take better care of your eyes, Joined Up Care Derbyshire have produced a self-care guide which enables you to calculate your eye health and find out more about common types of eye conditions, preventing eye conditions and where to get help if you do have an eye condition [Self-Care: How to take care of my eyes](#)

**Keeping in touch:** If you have any questions, ideas or concerns please email: [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk)