

COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

- **Testing in the Derbyshire Dales**

There were 1,046 tests reported on 13 February 2022. This shows a decrease of -14.8% compared to the previous 7 days. Between 7 February 2022 and 13 February 2022, there have been 9,428 tests.

- **Cases in Derbyshire Dales**

Between 8 February 2022 and 14 February 2022, 336 people had a confirmed positive test result. This shows a decrease of -31.4% compared to the previous 7 days.

- **Vaccinations in Derbyshire Dales**

61,225 people had been given a first dose by the end of 13 February 2022.

58,748 people had been given a second dose by the end of 13 February 2022.

50,967 people had been given a booster or third dose by the end of 13 February 2022.

- **Healthcare in Chesterfield Royal Hospital NHS Foundation Trust**

9 people with coronavirus went into hospital on 6 February 2022. Between 31 January 2022 and 6 February 2022, 40 went into hospital with coronavirus. This shows a decrease of -29.8% compared to the previous 7 days. There were 36 patients in hospital with coronavirus on 8 February 2022.

- **Deaths in Derbyshire Dales**

Between 8 February 2022 and 14 February 2022, there have been 2 deaths within 28 days of a positive coronavirus test. This shows a decrease of -66.7% compared to the previous 7 days.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Monday, 14 February 2022.



- **Businesses across the country are being encouraged to apply for remaining grant funding to help them through the pandemic.** The funding has been made available by government to councils in England for them to provide to businesses in need in their local area. Businesses are encouraged to apply to their local council for the funding.

- **Booster vaccinations are estimated to have prevented 105,600 people from being admitted to hospital with coronavirus (COVID-19) since mid-December.**

Broken down by age group, it is estimated the boosters directly prevented:

87,300 hospitalisations in those aged 65 and over

14,300 hospitalisations in those aged 45 to 64, and

4,000 hospitalisations in those aged 25 to 44

- **COVID-19: arranging or attending a funeral or commemorative event**

- **The R value and growth rate**

The R range for England is 0.8 to 1.0 and the growth rate range for England is -3% to 0% per day as of 11 of February 2022.



The Grant is now live. Click [here](#) to find out more



YOUR HEALTH & WELLBEING - INFORMATION

Looking after your heart...

HOW HEALTHY IS YOUR HEART ?

The Heart Age test gives you an idea of what your heart age is compared to your real age. You'll also find out:

- the number of extra years you can give your heart age by making some healthy lifestyle changes
- the importance of blood pressure and cholesterol levels in estimating your heart age
- how to improve your heart age by eating better and moving more

This test is suitable for anyone aged 30 to 95. It is not suitable for anyone with a condition that affects their heart or blood vessels (a cardiovascular disease). By taking the Heart Age test you agree to the [terms and conditions](#)

[Start here](#)

You'll be asked details about your medical history, including:

- weight
- height
- blood pressure
- cholesterol

If you do not have your blood pressure or cholesterol details, you can still take the test, but the results will be more accurate if you're able to supply them.



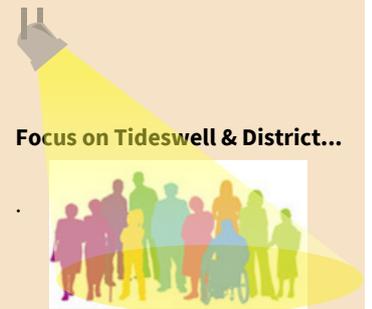
Blood pressure is a measure of the force that your heart uses to pump blood around your body. If your blood pressure is too high on a regular basis, this means that your heart has to work harder to pump blood around your body.

High cholesterol is when you have too much of a fatty substance called cholesterol in your blood. Too much cholesterol can block your blood vessels. It makes you more likely to have heart problems or a stroke.

Top 10 healthy heart tips:

- ♥ Give up smoking
- ♥ Get active
- ♥ Manage your weight
- ♥ Eat more fibre
- ♥ Cut down on saturated fat
 - ♥ Get your 5 a day
 - ♥ Cut down on salt
 - ♥ Eat fish
- ♥ Drink less alcohol
- ♥ Read the food label

[Healthybody.](#)



Focus on Tideswell & District...

Tideswell & District
Community Association

Do you live in or around the area of Tideswell and want to join a new group?

Are you new to the area and want to find out about the different things which are happening?

There is plenty to do...

Have a look at the website [here](#).

You can also sign up to receive a monthly community magazine: [The Village Voice](#)

A great way to get out and about and reconnect...



Bakewell and Eyam
**COMMUNITY
TRANSPORT**
01629 641920

Bakewell and Eyam Community Transport

ALL TRIPS **£5.00** PER PERSON – DOOR-TO-DOOR PICK UPS

CRYSTAL PEAKS – SHOPPING CENTRE OPPORTUNITY – 3 HOURS ON SITE
GLOSSOP, BUXTON, BELPER, ALFRETON – TOWN AND OUT – 1.5 HOURS IN TOWN
MEET AND EAT – TRIPS TO LOCAL EATERIES, MAY BE A PUB, MAY BE A CAFÉ
GARDEN CENTRES – AROUND 3 HOURS ON SITE
WE SUPPORT MASK WEARING ON OUR VEHICLES



For more information give them a call:
01629 641920

DALES AREA

Bakewell, Baslow, Edensor, Pilsley, Rowsley, Ashford, Great Longstone, Matlock, Oker, Winster, Elton, Stanton, Birchover, Youlgrave, Wensley, Darley Dale, Two Dales

8th March – Belper Town and Out
12th April – Belper Town and Out

1st March – Alfreton Town and Out
5th April – Alfreton Town and Out

24th March – Crystal Peaks – FULL
26th April – Crystal Peaks – FULL
22nd June – Crystal Peaks – Shopping

8th April – Meet and Eat – Local Eatery
15th June – Meet and Eat – Local Eatery

PLANT POT TOURS

29th March – Dobbies Garden Centre, Barlborough
6th April – Scotland Nurseries, Tansley

PEAKS AREA

Eyam, Grindleford, Tideswell, Stoney Middleton, Calver, Curbar, Edale, Castleton, Hope, Bradwell, Brough, Yorkshire Bridge, Derwent, Bamford, Hathersage

18th February – Buxton Town and Out
18th March – Buxton Town and Out

25th February – Glossop Town and Out
25th March – Glossop Town and Out

15th March – Crystal Peaks – Shopping
14th April – Crystal Peaks – Shopping
10th June – Crystal Peaks – Shopping

3rd March – Meet and Eat – Local Eatery
17th May – Meet and Eat – Local Eatery

PLANT POT TOURS

9th March – Dobbies Garden Centre, Barlborough
20th April – Scotland Nurseries Tansley

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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