



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 28 February 2022 and 6 March 2022, there have been 6,623 tests. This shows an increase of 12.1% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 1 March 2022 and 7 March 2022, 343 people had a confirmed positive test result. This shows an increase of 43.5% compared to the previous 7 days.

• Vaccinations in Derbyshire Dales

61,262 people given a first dose by the end of 6 March 2022.
59,023 people given a second dose by the end of 6 March 2022.
51,322 people given booster/third dose by 6 March 2022.

• Healthcare in Chesterfield Royal Hospital NHS Foundation Trust

Between 21 February 2022 and 27 February 2022, 20 went into hospital with coronavirus. This shows a decrease of -60.0% compared to the previous 7 days.

• Deaths in Derbyshire Dales

Between 1 March 2022 and 7 March 2022, there has been 1 death within 28 days of a positive coronavirus test.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Monday, 07 March 2022.



• Information for parents of eligible at risk children aged 5 to 11 years on COVID-19 vaccination

Experts have advised that parents of all children aged 5 to 11 years should be offered the chance to have their child vaccinated. Vaccination is particularly important for children who have health conditions that put them at high risk from COVID-19, as the benefits are greater. Read more [here](#).

• Information on the spring booster dose for eligible individuals

People aged 75 years and older, residents in care homes for older people, and those aged 12 years and over with a weakened immune system will be offered a spring booster of coronavirus (COVID-19) vaccine. Appointments will be available from the National Booking Service shortly. Read more [here](#).

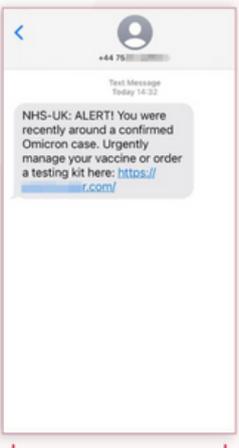
• Government Action on Fraud in Covid Support Schemes

The Government understands that people are frustrated with reports that fraudsters took advantage of Covid support schemes during the pandemic. Read more [here](#).

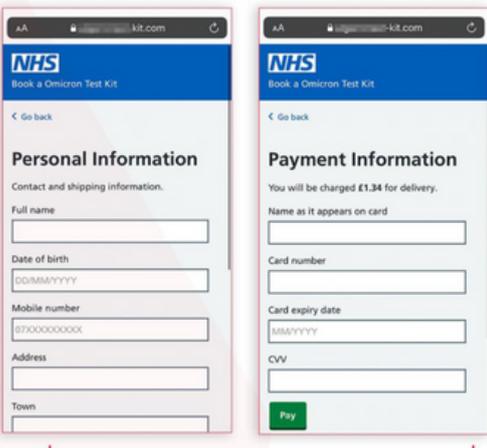
SCAM WARNING

- ⚠ Be aware of requests for personal information in messages claiming to be from the NHS.
- ⚠ Be alert to links or attachments in unexpected messages claiming to be from the NHS.
- ⚠ Do not respond to requests for money, bank details or passwords.
- ✅ The NHS will NEVER ask for payment or any financial details.
- ✅ If you are suspicious about an email, forward it to report@phishing.gov.uk.
- ✅ If you are suspicious about a text message, forward it to the number **7726** (it's free of charge).

For information on NHS coronavirus testing, visit: www.nhs.uk



Fake text message



Fake website



YOUR HEALTH & WELLBEING - INFORMATION

March is Prostate Cancer Awareness Month

Prostate cancer is the commonest cancer in men in the UK with over 52,000 diagnosed each year

- The Incidence rates for prostate cancer in the UK are highest in males aged 75 to 79
- It is predicted that almost 8 in 10 (77.6%) of men diagnosed with prostate cancer in England survive their disease for ten years or more (2013-2017).
- There are around 11,900 prostate cancer deaths in the UK every year, (2016-2018)
- A person's risk of developing cancer depends on many factors, including age, genetics, and exposure to risk factors (including some potentially avoidable lifestyle factors).
- 1 in 6 UK males will be diagnosed with prostate cancer in their lifetime.
- Prostate cancer is not clearly linked to any preventable risk factors
- Most men will die with the disease rather than from it.

[taken from cancer research UK]

For more details about Prostate cancer and symptoms as well as general men's health please visit:

www.prostatecanceruk.org

www.macmillan.org.uk

www.cancerresearch.org.uk

[Men's health – NHS \(www.nhs.uk\)](http://www.nhs.uk)



Gardening jobs for March:

- Plant summer flowering bulbs
- Plant shallots, onion sets and early potatoes
- Mow the lawn if it's a dry day
- Hoe and mulch weeds to keep them under control early



Wednesday 9th March is National [#NoSmoking day](https://www.instagram.com/nosmokingday), and if you're ready to quit for good or know someone who wants to, then why not download @DCCPublicHealth FREE My Quit Route app? Full of useful support to help you stop for good, Download it [here](#)

You will save money

On average most people that quit can save £150 per month, to find out how much you can save enter your details into [NHS cost calculator](#).

Live Life Better Derbyshire

If you live or work in Derbyshire (excluding Derby City Council area) or are registered with a Derbyshire GP then Live Life Better Derbyshire offers free stop smoking support.

If you're interested in quitting and would like to find out more about the free local Stop Smoking Service or find your nearest stop smoking advisor contact Live Life Better Derbyshire, email: lldb.info@derbyshire.gov.uk, tel: 0800 085 2299 or 01629 538200 or visit the [Live Life Better Derbyshire website](#).

- You will protect your family - Stopping smoking is the best way to protect your family from the dangerous effects of secondhand smoke.
- Over 80% of secondhand smoke is invisible and odourless and it contains over 4,000 chemicals.
- People who breathe in secondhand smoke are at risk of the same diseases as smokers, including cancers and heart disease.

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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