



# COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

## LATEST COVID-19 UPDATES:

- **Testing in the Derbyshire Dales**

Between 28 March 2022 and 3 April 2022, there have been 6,383 tests. This shows a decrease of -9.8% compared to the previous 7 days.

- **Cases in Derbyshire Dales**

Between 29 March 2022 and 4 April 2022, 560 people had a confirmed positive test result. This shows a decrease of -21.8% compared to the previous 7 days.

- **Vaccinations in Derbyshire Dales**

61,290 given a first dose by the end of 3 April 2022.  
59,444 given a second dose by the end of 3 April 2022.  
51,711 given a booster or third dose by the end of 3 April 2022.

- **Healthcare in Chesterfield Royal Hospital NHS Foundation Trust**

Between 21 March 2022 and 27 March 2022, 103 went into hospital with coronavirus. This shows an increase of 21.2% compared to the previous 7 days. There were 88 patients in hospital with coronavirus on 29 March 2022.

- **Deaths in Derbyshire Dales**

Between 29 March 2022 and 4 April 2022, there have been 4 deaths within 28 days of a positive coronavirus test. This shows an increase of 100.0% compared to the previous 7 days.

*Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Monday, 04 April 2022.*



<p><b>FROM 1 APRIL</b></p> <p><b>FREE SYMPTOMATIC COVID-19 TESTING WILL CONTINUE FOR AT-RISK GROUPS</b></p>	<p><b>1. PATIENTS IN HOSPITAL</b> where a PCR test is required for their care, to provide access to treatments, and to support ongoing clinical surveillance for new variants</p>	<p><b>2. PEOPLE MOST AT-RISK FROM COVID-19</b> who are eligible for community COVID-19 treatments. People in this group will be contacted directly.</p>	<p><b>3. PEOPLE LIVING OR WORKING IN HIGH-RISK SETTINGS</b> where infection needs to be identified quickly to prevent outbreaks, or before being discharged from hospital into care homes and hospices.</p>	<p><b>ASYMPTOMATIC LATERAL FLOW TESTING</b> will also continue to be used to protect people during periods of higher prevalence in some high-risk settings, where infection can spread rapidly.</p>
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**Children aged 5 to 11 are now eligible for the COVID-19 vaccine.**

- **Parents and carers of 5-11 year-olds can now book a #COVID19 vaccination for their children.**

Most appointments for this age group will be available outside of school hours at vaccination centres or pharmacies.

Find out more [here](#)

- **Living safely with respiratory infections, including COVID-19**

Guidance for living safely with respiratory infections, including coronavirus (COVID-19). Find out more [here](#).

- **Changes to testing for coronavirus (COVID-19) in England**

Free testing for coronavirus (COVID-19) from the NHS has ended for most people in England. Free testing services have closed at:

- pharmacies
- test sites
- community collection points such as libraries
- schools, nurseries and universities

Watch video: [Vaccinating 5 - 11 year olds](#)

# YOUR HEALTH & WELLBEING - INFORMATION



**'NOW MORE THAN EVER WE NEED EVERYONE'S HELP' - HEALTH BOSSES URGE PUBLIC TO HELP THE LOCAL NHS - 31.03.2022**

NHS and care services across Derby and Derbyshire are calling for the public's help to make sure they can focus care on the most poorly patients as they face unprecedented demand.

Alongside increases in hospital patients who have confirmed Covid-19, our emergency departments at Royal Derby Hospital and Chesterfield Royal Hospital are incredibly busy with many patients facing very long waits.

Dr Ben Milton, GP and Medical Director of Derbyshire Local Medical Committee, said: "GPs and their practice staff across Derby and Derbyshire are under intense pressure, so it's important we see those who really need us. Aches, pains and common colds can be self-treated at home, while local pharmacies can help with minor injuries, allergies or rashes with a range of over-the-counter treatments. If you are unsure just call NHS 111 or visit [Get medical help](#) - NHS 111. It's not too late to get your Covid jab or booster, just call 119 or visit [www.nhs.uk](http://www.nhs.uk)."

Our Minor Injury Units are now called **Urgent Treatment Centres**

You can still find us in the same places:

### Urgent Treatment Centres

The Buxton Hospital UTC, Ilkeston Hospital UTC, Ripley Hospital UTC, Whitworth Hospital UTC and Derby Urgent Treatment Centre are open from 8am until 8pm.

Here are just some of the conditions that can be treated at your local UTC:

- Sprains and strains
- Broken bones
- Wound infections
- Minor head injuries
- Animal bites
- Minor eye injuries
- Other minor injuries

Your assessment will be carried out by a team of highly experienced staff, led by Emergency Nurse Practitioners giving you quick access to health information, advice and treatment.



**'Glow' and brighten up the night in aid of local hospice care**

Glow sticks, neon leg warmers, face paint and glitter are all very much welcome for an annual nighttime walking spectacular in Buxton.

The Glow Twilight Walk – in aid of Blythe House Hospicecare and Helen's Trust - is set to take place on Saturday 14th May 2022, starting from the Pavilion Gardens.

Sign up now for the Glow Twilight Walk by visiting: [www.glowtwilightwalk.org.uk](http://www.glowtwilightwalk.org.uk)

### WINNING WAYS TO WELLBEING

CONNECT: TALK & LISTEN, BE THERE, FEEL CONNECTED  
GIVE: Your time, your morals, your presence  
TAKE NOTICE: BEWARE OF SILENT THINGS THAT GIVE YOU PAIN  
KEEP LEARNING: EMPOWER YOUR EXPERIENCES TO SURPRISE YOURSELF  
BE ACTIVE: BE HAPPY AND CALM, ENJOY YOUR TIME, HAVE YOUR MOMENTS

INTRODUCE THESE FIVE SIMPLE STRATEGIES INTO YOUR LIFE AND YOU WILL FEEL THE BENEFITS.

# GET TOGETHER WALKS

**Wednesday April 6th**  
**3 Led Walks - 1 location**

**Meet at Cromford Wharf at 10:15 for a 10:30 start**

**Walk 1 : Along Cromford canal and back for about an hour on a fully accessible path**

**Walk 2 : Through Bow Woods to Lea Bridge returning along Cromford canal. 3.5miles/2-2.5 hours - includes stiles and rough footpaths**

**Walk 3 : Along the canal, then over to Holloway, Lea Bridge, Bow Woods back to Cromford Wharf. 5.3 miles/3 hrs - includes stiles, rough and steep ground**

For more information please contact Helen Milton  
[helen.milton@derbyshiredales.gov.uk](mailto:helen.milton@derbyshiredales.gov.uk) Tel: 01629 761194

Our #GetTogetherWalks are starting from Cromford Wharf at 10:15 for a 10:30 start tomorrow morning! If you're feeling up to doing something different with your Wednesday Morning, just choose any of these walks, meet us at Cromford Wharf and we will direct you to the walk leader who will be guiding your walk 😊

If you have any queries at all, don't hesitate to contact our lovely Helen Milton by email on [helen.milton@derbyshiredales.gov.uk](mailto:helen.milton@derbyshiredales.gov.uk) or by phone on 01629761194, and she will be more than happy to give you some more information!

**Keeping in touch: If you have any questions, ideas or concerns please email: [Rachel@ddcvs.org.uk](mailto:Rachel@ddcvs.org.uk)**

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