



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

- **Testing in the Derbyshire Dales**

Between 9 May 2022 and 15 May 2022, there have been 2,044 tests. This shows a decrease of -12.4% compared to the previous 7 days.

- **Cases in Derbyshire Dales**

Between 10 May 2022 and 16 May 2022, 46 people had a confirmed positive test result. This shows a decrease of -54.9% compared to the previous 7 days.

- **Vaccinations in Derbyshire Dales**

61,556 given a first dose by the end of 12 May 2022.
59,798 given a second dose by the end of 12 May 2022.
52,164 given booster or third dose by the end of 12 May 2022.

Government Information - COVID:

- **Vaccine uptake among pregnant women increasing but inequalities persist.**

Nearly 6 in 10 women giving birth in January 2022 (59.5%) had received at least one dose of the vaccine, up from 53.7% in December 2021 and 48.7% in November 2021.

Over half (50.6%) had received 2 doses of the vaccine in January, up from 43.3% in December 2021 and 38.4% in November 2021. Read more [here](#).

- **Healthcare in Chesterfield Royal Hospital NHS Foundation Trust**

Between 2 May 2022 and 8 May 2022, 35 went into hospital with coronavirus. This shows no change compared to the previous 7 days.

There were 33 patients in hospital with coronavirus on 10 May 2022.

- **Deaths in Derbyshire Dales**

Between 10 May 2022 and 16 May 2022, there have been 2 deaths within 28 days of a positive coronavirus test. This shows a decrease of -33.3% compared to the previous 7 days.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Monday, 16 May 2022.



- **National flu and COVID-19 surveillance reports published**

Weekly national influenza and coronavirus (COVID-19) report, COVID-19 activity, seasonal flu and other seasonal respiratory illnesses.

- **Almost 80% of eligible over-75s receive spring booster**

Latest UKHSA data shows 79.2% of those aged 75+ who became eligible at the end of March for coronavirus (COVID-19) booster have taken up the vaccine.



The Queen's Jubilee will bring communities, friends and families together. If you're planning on holding a party, make sure you read, [How to safely host a street party](#), produced by the Food Standards Agency. Where you will find guidance on food safety and how to minimise risk.

COVID advice for street parties

It is important to remember that COVID still poses a risk to us all and there are actions we can all take to help reduce the risk of catching the virus and passing it on to others. If you have any symptoms of COVID or you feel unwell, please follow the guidance on [Living safely with respiratory infections, including COVID-19](#)

YOUR HEALTH & WELLBEING - INFORMATION

Dementia Action Week: 16 - 22 May 2022

It's not called getting old, it's called getting ill.
Forgetting things from time to time is usually normal. But if memory loss is affecting your daily life, it's a good idea to seek help.



What is Dementia? Dementia describes a group of symptoms that include problems with memory, thinking or language, and changes in mood, emotions, perception and behaviour. Dementia is a progressive disease, which means symptoms may be relatively mild at first, but they get worse over time. There are many types of dementia but Alzheimer's disease is the most common. The next most common is vascular dementia.

Common symptoms of dementia include:

- confusion and needing help with daily tasks – such as shopping or paying bills
- problems with language and understanding – including often being unable to find the right word, or having trouble following a conversation.
- changes in behaviour – such as becoming unusually anxious or irritable.

The changes may be small to start with, but become more noticeable. For example, they can begin to cause problems with familiar tasks such as using a phone or using public transport. Find out more [here](#)

Real Stories - How my wife's early dementia diagnosis gave us relief

When Bill noticed something wasn't quite right with his wife, Jo, it was a struggle to get her to seek help. Now Jo has been diagnosed with dementia, Bill reflects on why finding out was the best thing for the couple.

Watch - It's not called getting old (Alzheimer's Society).

Asking the same question over and over again. over and over again. over and over again. over and over again. over and over again.
It's not called getting old, it's called getting ill.

If you or a loved one are experiencing memory loss, it could be a sign of dementia.

Help and support is just a phone call or click away.

alzheimers.org.uk
0333 150 3456

Activity groups

Our Activity Groups are for people affected by dementia.

You can come along and take part in activities in a relaxed informal environment, chat with others in a similar situation and get support from staff members and volunteers.

If you would like to attend an Activity Group please contact us on 01332 208845

or email derbyshire@alzheimers.org.uk

In Derbyshire we are in the process of gradually returning to some group on a face-to-face groups basis following the COVID pandemic.

In addition to face-to-face groups, we also run Three Virtual Groups on a weekly basis.

[Café and Group Timetable](#)

Why have Alzheimer's Society chosen **diagnosis** as this year's theme?

'With a sustained drop in dementia diagnosis rates for the first time ever, we undertook research to understand the key barriers and benefits to getting a diagnosis.

As well as the misconception around memory loss just being part of getting old, our research found being in denial, and referral times to specialists, are big barriers for those experiencing symptoms to seek a diagnosis.

This Dementia Action Week, we want to encourage those who might be living with, or close to someone who might be living with, with undiagnosed dementia to:

- be able to understand and recognise potential dementia symptoms
- come to us for guidance and support
- feel empowered to take the next step
- improve the diagnosis process for both them and healthcare professionals.'

Alzheimer's Society is the UK's leading dementia charity who provide information and support, improve care, fund research, and create lasting change for people affected by dementia.

<https://www.alzheimers.org.uk>

WINNING WAYS TO WELLBEING



INTRODUCE THESE FIVE SIMPLE STRATEGIES INTO YOUR LIFE AND YOU WILL FEEL THE BENEFITS.

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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