



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

- **Testing in the Derbyshire Dales**

Between 6 June 2022 and 12 June 2022, there have been 1,702 tests. This shows an increase of 21.3% compared to the previous 7 days.

- **Cases in Derbyshire Dales**

Between 2 June 2022 and 8 June 2022, 8 people had a confirmed positive test result. This shows an increase of 300.0% compared to the previous 7 days.

- **Vaccinations in Derbyshire Dales**

61,580 people given a first dose by the end of 12 June 2022.
59,929 people given a second dose by the end of 12 June 2022.
52,339 people given a booster or third dose by the end of 12 June 2022.

- **Healthcare in Chesterfield Royal Hospital NHS Foundation Trust**

Between 30 May 2022 and 5 June 2022, 3 went into hospital with coronavirus. This shows a decrease of -82.4% compared to the previous 7 days.

There were 5 patients in hospital with coronavirus on 7 June 2022.

- **Deaths in Derbyshire Dales**

Between 2 June 2022 and 8 June 2022, there have been 1 death within 28 days of a positive coronavirus test.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Monday, 13 June 2022.



Mask wearing, visiting and social distancing rules in NHS services are under review following guidance received by NHS England, with the option that many rules established during the Covid-19 pandemic to reduce the spread of infection can start to be relaxed. Patients should expect to continue to be asked to wear a mask in most NHS settings, at least for now.

Local NHS Trusts are in the process of reviewing the guidance and their own local circumstances ahead of any changes. It is likely that because of specific organisational requirements, including local infection rates, waiting area restrictions and operational pressures, hospitals and other NHS services may implement the relaxation of the guidance at different speeds. The key message for patients is that despite the guidance giving permission to relax rules, many services or buildings will still ask visitors and patients to wear masks for the time being. This may result in some variation between NHS services as the guidance is implemented, but this will be for valid, operational reasons. Read more [here](#).



Remember to keep
your NHS COVID-19
app up to date

It's the best way to make sure you get **the latest advice.**



Tested positive? Take positive action

Enter your results in the NHS COVID-19 App

The app will not know who you are. But it will help prevent the spread of COVID-19 by sending anonymous alerts to those who you've had close contact with.

Put your positive coronavirus test result into your #NHSCovid19app and share exposure keys, so that others can be alerted.

If you don't have the app, download it now: <https://covid19.nhs.uk/>

YOUR HEALTH & WELLBEING - INFORMATION

Beat the heat: staying safe in hot weather

The weather is forecast to be heating up this week with high temperatures on Friday. In preparation the health protection team have developed some information for groups and organisations who are working with people most at risk of become ill due to the heat.



This can include:

- older people, especially those over 75
- people with a serious chronic condition, particularly dementia, heart, breathing or mobility problems
- people with serious mental health problems
- people on certain medications, including those that affect sweating and temperature control (for example, diuretics, antihistamines, beta-blockers and antipsychotics)
- people who are already ill and dehydrated (for example, from gastroenteritis)
- people who misuse alcohol or drugs
- people who are physically active (for example, soldiers, athletes, hikers and manual workers)
- homeless people

Preventing heat exhaustion and heatstroke - There's a high risk of heat exhaustion or heatstroke during hot weather or exercise. Keep an eye on children, the elderly and people with long-term health conditions (like diabetes or heart problems) because they're more at risk of heat exhaustion or heat stroke.

[Check for signs of heat exhaustion - NHS](#)



health watch

Healthwatch Derbyshire is running a survey to learn more about the impact of changes made to the way we access our GP practices, and would like to hear from people across Derbyshire about how these changes have impacted them.

The COVID-19 pandemic has fundamentally changed the way we access our GP Practices – potentially permanently, with access to care moved to a triage system, online bookings, and video, phone, and face-to-face appointments.

Healthwatch Derbyshire would like to hear from patients, carers, and service users about how this change has impacted them and is asking local residents to share their views and recent experiences of accessing their GP. Take our survey today and have your say on what changes at your GP practice have worked well, and what could be made better for you.

Feedback from the survey will help local health providers to understand how these changes have affected patients. The findings and recommendations will be shared with GP practices as well as Derby & Derbyshire Clinical Commissioning Group (DDCCG) which is responsible for commissioning and providing GP services.

[Click here to take the survey](#)

Men's Health...

EVERY 2HRS, A UK MALE DIES BY SUICIDE
For every completed Suicide, there are 20 attempts made.
Have the conversation, let them know they are loved and that although you may not understand, you will not judge.
Join the conversation every Tuesday at:
Hannage Brook Medical Centre
Wirksworth
DE4 4JG
19:30 - 21:00
Free to all men aged 18+, no need to book, no pressure to talk.

Join the conversation...

You can access Mentell's circles online, for free, every Monday at 7pm. Register [here](#).
Lighten life's load with Mentell



Mentell provides circles for men aged 18+ to talk in a safe and confidential space, free from advice and judgement.

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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